

# **Venous Thromboembolism (VTE) Prevention:** An Electronic Solution for NSW

EXCELLENCE COMMISSION

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## BACKGROUND

- Venous Thromboembolism (VTE) is a significant cause of morbidity and mortality despite being largely preventable.
- All patients admitted to a NSW public hospital must be assessed and managed for risk of VTE by a medical officer within 24 hours of admission.
- Internationally, electronic solutions have been effective in improving VTE prevention processes and reducing rates of hospitalassociated VTE.
- In the absence of a system-wide electronic solution, as part of the VTE Prevention Program, the NSW Clinical Excellence Commission (CEC) in collaboration with eHealth NSW developed an adult
- Average time taken to complete an assessment using the e-RAT decreased from 7.8min to 3.5min after the completion of four assessments (n=27; range, 2 min - 12 min) (Figure 3).



inpatient electronic VTE risk assessment tool (e-RAT) in the electronic medical record (eMR) based on the paper version.

## AIM

To pilot and conduct a two-phased evaluation of the e-RAT prior to state-wide release.

#### METHOD

**Phase 1:** Testing on nine patient scenarios in a controlled environment to evaluate user acceptance and assessment outcomes.

Phase 2: The e-RAT was piloted in a metropolitan teaching hospital for 11-months and its impact on risk assessment completion rates and appropriate VTE prophylaxis prescribing were monitored. A local multidisciplinary quality improvement project was undertaken to understand integration into workflow, and identify barriers and solutions to improving uptake (Figure 1).

#### **Testing of Change**

**Evaluation and** 

*Figure 3.* Average time taken to complete each assessment using the e-RAT and paper version of the tool.

#### Phase 2:

- There was limited use of the e-RAT during the live pilot.
- When the e-RAT was used, 76% of prophylaxis prescribing was appropriate (Figure 4).



Understanding the Problem

Aim: improve usage of e-RAT in one medical and one surgical team Mapping of current process Driver diagram

Ideas Use of Plan-Do-Study-Act (PDSA) cycles Shadowing of teams

Engagement of medical officers as champions to teach about and promote the e-RAT through peer influence

#### Learnings

**Control charts showing** weekly usage across both teams

Improved understanding of user experience, workflow, culture, barriers and solutions to usage, and potential enhancements

*Figure 1.* Overview of quality improvement project undertaken during the live pilot.

## RESULTS

#### Phase 1:

- 80% of users found the e-RAT easy to use and useful for assessing and managing VTE risk.
- A number of usability issues such as the lack of reference text recognition were identified.
- 26 out of 27 (96%) risk assessment outcomes and 18 out of 27 (67%) treatment outcomes correlated with 'Gold Standard' (Figure 2).

*Figure 4.* Comparison of prescribing appropriateness across three patient groups.

#### **Key Learnings:**

- Greater understanding of implementation, change management and training requirements.
- Greater appreciation of the role of improvement science in spreading change (e.g. utilisation of PDSA cycles to test changes, stakeholder engagement).
- Identification of barriers to usage and strategies for improving uptake.
- Greater insight into the culture around VTE risk assessment and the perceived value of the e-RAT as a clinical decision support tool.
- Identification of opportunities for improving the e-RAT's usability, visibility in the eMR and integration into workflow.



*Figure 2.* Correlation of risk assessment and treatment outcomes with Gold Standard for both the e-RAT and paper version.

#### CONCLUSION

- The e-RAT demonstrates potential in supporting VTE prevention.
- It has been enhanced and released state-wide based on findings from this evaluation.
- Future work is required to explore active prompting mechanisms in the eMR and integration with electronic prescribing.

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